



CS Dieppe

Player's Code of Conduct

Each player, coach, team leader and parent volunteer associated with the competitive program is a CS Dieppe ambassador. As a player, I agree to abide by the following rules:

ENGAGEMENT

- I am committed to having a positive attitude while being responsible for my actions.
- I will maintain a spirit of respect and encouragement towards my teammates, coaches, referees and parents during games, training and team activities.
- I am committed to be present and punctual, and to give maximum effort in training and in matches.
- I agree to arrive at the training sessions and matches before the scheduled time according to the instructions given to me by my coach. I will be ready to start the game or training at the time indicated in the schedule.
- I agree to wear my soccer equipment to training and games. This includes my shin guards, cleats, soccer socks - no exceptions will be allowed.
- I will listen to the instructions of my coaches. I will respect everyone's right to speak and will not interrupt.
- I will encourage my parents to get involved with my team, regardless of the role, since it is important to me.
- I will remember that my participation in sports activities is an opportunity to learn and have fun. I will always seek to improve and learn.
- I undertake to take care of my health by eating well and getting enough sleep, especially on game days or training days.
- I will do my best in my schoolwork.
- Everyone deserves an environment free of drugs, tobacco and alcohol to practice their sport. I will not use or be under the influence of these substances during training, games and team activities.

COMMUNICATION

- I will be present at training sessions and matches. I will inform my coach in advance of any absence or delay.
- I deserve to have fun playing soccer. I will notify my parents and coaches if I no longer have fun playing this sport.
- The use of text messaging or social media such as Facebook, Twitter, Instagram and others to provoke or intimidate others will not be tolerated. I am aware that any case of cyberbullying can lead to disciplinary action.

SPORTSMANSHIP

- I am aware that as a player, I represent CS Dieppe. My club's reputation depends not only on my skills on the field, but also on my sportsmanship and respect for others.

- I'll do my best to be a good teammate.
- I will control my temperament. Fighting or arguing can ruin others' experiences.
- I will respect the referees and their decisions, even if I disagree. Negative comments about referees may lead to disciplinary action.
- I will use appropriate words. Abusive or humiliating words and any other words deemed inappropriate for an amateur sport environment may lead to disciplinary action.
- As a member of the host team, I must behave in an exemplary manner.
- I undertake to ensure that the bench is clean after use by my team. I collect all my equipment and garbage.
- I recognize that above all, training sessions are for me and my teammates. I help pick up the equipment at practice.

TRAVEL

- I commit to maintaining an appropriate attitude and appearance at all times.
- In the event that the team stays in a hotel without the parents, the team's technical staff (coaches, manager, technical director) is responsible for the safety and proper conduct of the players. I will follow their instructions.
- The primary objective of travel is to perform in a competition, while developing relationships with teammates. Out-of-competition activities will be at the discretion of the team's technical staff, while ensuring that players are kept in the best conditions to perform (rest, nutrition, hydration, etc.).
- The team will behave in such a way as to maintain CS Dieppe's good reputation.
- I am aware that any behaviour deemed unacceptable could see me return home before the end of the competition. The cost of returning home will be the responsibility of my parents.

Any violation of the player code of conduct may lead to disciplinary action. Depending on the severity and frequency of the infraction, the action taken could be a verbal warning, a written warning, a temporary suspension or a permanent suspension from CS Dieppe. I have read and understand this Player Code of Conduct and agree to abide by it.