



Camps de perfectionnement de Soccer Dieppe

Soccer Dieppe Advanced Camp

The Advanced Soccer Dieppe Camp is developed for young people who intend to play at the highest possible level, S12 division 1, AAA teams, Team NB or other elite programs.

Goal of the camp:

The Soccer Dieppe advanced Camp is a challenging training opportunity designed for the players to inspire them to work hard and improve in few technical areas. The coaches with the highest qualifications and experience within Soccer NB staff provide instruction in developing individual skills and advanced group tactics. The intention is to introduce new concepts and provide new dimensions for the player who has a solid foundation in the basics of the game. The camp is for players aged 9 to 13 years old.

It is a one-week camp from 8 am to 5 pm. This advanced camp lasts one week and is open to all players from U10 to U13 (born between 2006 and 2009)

Week of the camp :

From July 15th to July 19th

Location of the camp :

341, Dover rd, Dieppe, E1A 7L7

Cost :

155\$

Equipment :

Soccer jersey, shorts, socks, shin guards, cleats, running shoes, bottle of water and sunscreen

Example of the course of the camp:

8 am - 8:30 am : Greeting the players

8:30 am - 9 am : Preparation and introduction

9 am – 10 am : Juggling

10 am - 10:15 am : Snack Break

10:15 am - 11:30 am : Technical Session

11:30 am - 11:45 am : Cool down

11:45 am - 12 pm : Preparation and walk to the club house

12 pm - 12:30 pm : Diner

12:30 pm - 13:15 pm : Free time

1:15 pm - 2:15 pm : Théoretical Session

2:15 pm - 2:30 pm : Walking to the field and preparation

2:45 pm - 4:15 pm : Field Session

4: 15 pm - 4:45 pm : Group activities and return to calm to end the day of camp

5 pm : End of the day

* Some changes can be made to this schedule